



Living the Healthy Life

Randi Gerber

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Living the Healthy Life Randi Gerber

Living the Healthy Life offers safe and natural alternatives to the current conventional medicine practices that are failing us. The book focuses on healing from disease and balancing hormones in a safe and natural way. When hormones and the body are balanced, the body will heal and symptoms of disease will cease. This book is intended to empower the reader by aiding them in identifying what is causing disease and then providing them with the knowledge required to begin alleviating these causes. When the causes of disease are eliminated, the body will heal naturally on its own. Contact the author for private consultations via her website.

This easy-to-use reference book offers natural healing treatment options for more than two hundred ailments and common diseases, such as cardiovascular disease, diabetes, cancers, mental illness, autoimmune disorders, and more. Furthermore, it unveils a new, groundbreaking program entitled *Holistic Hormone Therapy* that promotes hormone balance, rapid weight loss, and drastically slows the aging process.

This book gives you access to real healthcare solutions that are simple, effective, and natural. It is time for the suffering to stop and to begin *Living the Healthy Life*.

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