



# The Dream Workbook: Discover the Knowledge and Power Hidden in Your Dreams

Jill Morris

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## The Dream Workbook: Discover the Knowledge and Power Hidden in Your Dreams

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The Dream Workbook: Discover the Knowledge and Power Hidden in Your Dreams Jill Morris Psychoanalyst Jill Morris offers case studies and detailed guidelines to help the reader utilize "dreamwork" to solve problems, enhance creativity, resolve inner conflicts, learn new skills, and receive intensely pleasurable experiences.



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