



# **The Creativity & Camaraderie Club Handbook: Have More Fun, Live More Wholeheartedly, Encourage Each Other**

*Mary Reilly Mathews LCSWR*

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**IT'S BETTER THAN A BOOK CLUB!**

Have More Fun, Live More Wholeheartedly, Encourage Each Other

This “how –to” manual covers everything you need to know to successfully create your own Creativity & Camaraderie Club. The clear, detailed structure was created by two psychotherapists with decades of experience knowing “what works” to help your group thrive and survive.

**A Creativity & Camaraderie Club gives you permission to quench your thirst for creative expression and play.**

It feeds your hunger for meaningful community as you pursue old passions or explore new ones. You will expand your definition of “creativity” into many arenas of wholehearted living.

**You are a great candidate for a Creativity & Camaraderie Club if you:**

- want to have more fun...just because you feel like it!
- want to re-new your wholehearted engagement in life
- desire to open your heart to new community connections
- are one of the “creatively wounded” who thinks “I’m not creative”, “I have no imagination” (just glance at Appendix B to see what “non-artists” have done as a result of monthly meetings!)
- are an “already creative” – a writer, painter, dancer, knitter, potter, entrepreneur, etc. who wants more structured accountability to keep creating

**WILL YOU GIVE YOURSELF THE GIFT OF ENLIVENING COMMUNITY?**

*"How could you resist bringing more joy and fun into your life?"* (Dale Schwarz, M. Ed., ATR, LMHC Center for Creative Consciousness)

*"Just thinking each month about what I can do creatively has transformed my life. Most importantly, I met fabulous women!"* (Patricia O'Connor, Life Coach, ChFc)

*"I love the support, energy, and enthusiasm of women sharing their lives and cheering one another on at our monthly creativity meetings. I love witnessing and being witnessed. Our creativity club has made my life fuller and given me a feeling of friendship and unconditional lovingness."* (Judy Wolf Writer & Life Adventurer)

*? "I just LOVE my creativity group! Creativity seems to be the “glue” or the focal point for unfolding who we are. It’s a safe place to share whatever we create, think, feel."* (?Barb Trevvett, Retired LMFT}

*"Our creativity club meeting on the second Wednesday of each month is a holy day of obligation for me! It is built into my calendar. I feel like a thirst has been quenched. I begin to look forward to our meetings the very morning after we've just met. The network of women is an incredible gift of the highest good!"* (Nancy Zumpano, High school Math teacher?)

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#### **Larry Jones:**

Typically the book The Creativity & Camaraderie Club Handbook: Have More Fun, Live More Wholeheartedly, Encourage Each Other will bring one to the new experience of reading a new book. The author style to spell out the idea is very unique. When you try to find new book you just read, this book very suited to you. The book The Creativity & Camaraderie Club Handbook: Have More Fun, Live More Wholeheartedly, Encourage Each Other is much recommended to you you just read. You can also get the e-book from official web site, so you can more readily to read the book.

#### **Virginia Shrader:**

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