



10 Lifesaving Principles for Women in Difficult Marriages: Revised and Updated

Karla Downing

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Sometimes life doesn't turn out the way we expect. Neither do our marriages. After the honeymoon ends, some women find themselves in difficult marriages. Karla Downing understands that marital relationships are complicated. 10 Lifesaving Principles for Women in Difficult Marriage supplies these scriptural and practical principles to help improve your relationship and your life. Reach out to others Understand scriptural truths Change yourself, not him Detach with love Nurture yourself Face your fears Speak the truth in love Set boundaries Make your children a priority Enter God's rest This new and updated version of her book will help you find peace and confidence, regardless of the specific problems in your marriage. Reviews If you have struggled in a difficult marriage or if you work with women who do, this book is for you! -Carol Kent, Speaker and Author of *Between a Rock and a Grace Place* The principles in this book are truly lifesaving--a huge dose of wisdom. -Stephen Arterburn, founder of Women of Faith

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