



Lockdown: Your Life: A Step-by-Step Manual for Securing Your Computer, Smart Phone, Online Banking Sessions & your Life From Identity Thieves

Aaron Anderson

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Are you prepared for the fastest growing crime in America?

"Lockdown: Your Life" is a step-by-step manual to help you secure your computer, smart phone, and *your life* from fraudsters and identity thieves. Whether you're a victim already, or just want to avoid becoming one, everything you need to protect yourself and your family is here.

The first half of the book covers computer security and smart phone security with step-by-step screenshots, making it easy to follow along even for the novice computer user. The second half of the book focuses on identity theft protection, revealing how your online and offline behavior may be actually be helping the bad guys sneak into your life. This book provides the steps recommended to lock down your computer, phone, email, online banking, social media, and much more. Each chapter ends with a convenient **Action Checklist** summarizing what you need to do in that specific area.

Illustrated with step-by-step screenshots, and written in jargon-free language, you'll discover:

- Exactly how to configure your computer & smartphone to keep the bad guys out...way out (**p. 33 - 113**)
- Why "change your password often" is actually NOT good advice (**p. 75**)
- Three actions you must take to avoid identity theft and computer infection. Installing anti-virus software is NOT one of the three (**p. 215**)
- How to shop online without giving your name, credit card number, real email, or phone number. The criminals definitely don't want you shopping like this! (**p. 135**)
- ...and more.

COVERING:

- Computer security step-by-step
- Identity theft precautions
- Online banking best practices
- Online shopping precautions
- Social media precautions
- Identity Theft Survival Checklist

- and more

Fact: Every 2 seconds someone falls victim to identity fraud or identity theft. The average victim spends 330 hours and between \$880 and \$1378 to correct their credit.

Already a victim of credit card fraud or identity theft? Follow the checklist of Action Steps at the end of each chapter. Turn to the *Survival Checklist* at the back of the book to double-check that you've tied up all the loose ends in your life.

Screenshots from:

- *Windows 10*
- *Windows 8.1*
- *Windows 7*
- *Android*
- *OSX/iOS*

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From reader reviews:

Gail Boutwell:

Now a day people that Living in the era just where everything reachable by match the internet and the resources inside it can be true or not involve people to be aware of each facts they get. How individuals to be smart in obtaining any information nowadays? Of course the solution is reading a book. Looking at a book can help people out of this uncertainty Information specially this Lockdown: Your Life: A Step-by-Step Manual for Securing Your Computer, Smart Phone, Online Banking Sessions & your Life From Identity Thieves book because this book offers you rich data and knowledge. Of course the information in this book hundred per-cent guarantees there is no doubt in it you probably know this.

Annette Dixon:

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Morris Sampson:

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Brant Castillo:

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