



Pretty: Breaking Free From The Illusions of a Superficial Life

Tammy Strait

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Pretty.

We use this word to describe a person's appearance, the look of a flower, or even the style of a room. We strive for pretty. But we often fail to look beyond the surface. Whether we assume the outside is all that matters or expect more based on an attractive package, we have a tendency to miss what resides beneath the pretty exterior. So often we find emptiness, pain, and insecurity instead of the beauty we seek.

In *Pretty*, Tammy Strait encourages readers to look beyond the superficialities we use to protect ourselves or to impress others. By *Looking Back*, *Looking In*, *Looking Out*, *Looking Forward*, and *Looking Up*, Tammy teaches readers to examine the illusions they are living under that prevent them from authentic connection with those around us. She guides us to a deeper relationship with ourselves, with those around us, and with God. A more abundant life awaits when we rest in the unconditional love of the Creator.

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