

Coping With Infidelity: Quick Start Guide to Surviving an Affair and Rebuilding Emotional Intimacy (How to Catch a Cheating Spouse Book

2)

Jennifer Agotti



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Coping With Infidelity: Quick Start Guide to Surviving an Affair and Rebuilding Emotional Intimacy (How to Catch a Cheating Spouse Book 2)

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This quick start guide on coping with infidelity and surviving an affair contains all the essential facts you need to get started on the right road to recovery. If your relationship has been devastated by an affair, you may be struggling to find answers and direction on how to heal your broken trust and loss of intimacy.

"Coping With Infidelity: Quick Start Guide to Surviving an Affair and Rebuilding Emotional Intimacy" contains simple and effective strategies and exercises recommended by therapists and the personal experience of Jennifer Agotti to help you rebuild a stronger and more emotionally intimate relationship. Jennifer Agotti draws from her own experience with infidelity and shares everything she learned about the strategies and tips therapists use to rebuild a relationship.

Here's a sneak peek at what you'll learn from this book:

-Discover 7 emergency steps you must implement immediately to stop further hemorrhaging of your relationship.

-Find out the major reason your partner was driven to an affair.

-Understand why your partner won't be motivated to rebuild your relationship.

-Discover the best ways to monitor your partner so he or she won't run back to their lover.

-Learn how to keep your partner emotionally fulfilled so he or she doesn't seek it somewhere else.

-Discover 12 essential steps to building deeper emotional intimacy.

- Learn how to deal with the painful memories of the affair and change the way you feel.

-Find out how your love styles may be keeping you from true emotional intimacy.

-Discover the best way to approach sexual intimacy after an affair.

If you want to know the key to affair proofing your relationship and emotionally satisfying your partner, you need to buy this no fluff ebook. Click now on the buy button to start rebuilding your relationship now. Buy now and you'll get this additional bonus:

Bonus Intimacy Exercises- When you purchese this handbook, you'll also receive a Free Bonus Intimacy Exercise Worksheet to help you start on the road to recovery. Get everything instantly when you purchase my ebook today.

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Caroline Edwards:

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