

Goal Mapping: How to Turn Your Dreams into Realities

Brian Mayne

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The Goal Mapping system is a tried, tested, proven and popular method for setting and achieving goals in any area of life, and in any endeavour. This book aims to have an impact on both the left and the right sides of the brain, to create power. It uses imagery and the language of the subconscious. It combines words with pictures and symbols.



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