



The Risotto Guru: Adventures in eating Italian

Laura Fraser

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A Sardinian wedding feast, the search for the perfect seaside pasta with wild fennel, meeting a risotto master: Laura Fraser journeys from the SpaghettiOs of her American childhood to savor the best of Italian cuisine and the culture that cooked it up. Using the same dreamy, delicious type of prose that made *An Italian Affair* a bestselling memoir, these essays will delight listeners who loved that book and all who love Italian food and culture. Sumptuous descriptions of Italian meals—and the passion that goes into them—make this book a mouthwatering, uplifting pleasure. In "Italy in 17 Courses", Fraser uses the pace and order of the dishes in a wedding feast to muse on her own introduction to Italian food and how it changed her from a diet-obsessed vegetarian to a pasta and pancetta connoisseur. "An Affair to Remember" explores themes of food and nostalgia and how a good meal can lift the spirit. In "The Risotto Guru", Fraser writes a funny spoof of new age gurus as she searches to perfect her own risotto. Warning: Do not listen on an empty stomach. Laura Fraser is a San Francisco-based journalist and writing mentor whose latest travel memoir, *All Over the Map*, is a sequel to her 2001 *New York Times* best seller, *An Italian Affair*. She is the cofounder and editorial director of Shebooks. One of the many great works offered by Shebooks, high-quality, short books you can't find anywhere else. Great reads by women, for women, to fit your busy life.

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