



Gerontological Nutrition Exam Secrets Study Guide: Gerontological Nutrition Test Review for the Gerontological Nutrition Exam

Gerontological Nutrition Exam Secrets Test Prep Team

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Get the test prep help you need to be successful on the Gerontological Nutrition test.

The Gerontological Nutrition Exam is extremely challenging and thorough test preparation is essential for success. *Gerontological Nutrition Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the Gerontological Nutrition Exam.

Gerontological Nutrition Exam Secrets Study Guide includes:

- A detailed overview of the Gerontological Nutrition Exam
- A thorough review of nutrition screening and diagnosis
- An in-depth look at nutrition data gathering
- An examination of nutrition data synthesis
- A guide to nutrition care plan
- An analysis of nutrition counseling and education
- A breakdown of nutrition monitoring and evaluation
- An extensive review of food services
- An in-depth look at professional practices

It's filled with the critical information you'll need in order to do well on the test: the concepts, procedures, principles, and vocabulary that the Commission on Dietetic Registration (CDR) expects you to have mastered before sitting for the exam.

The Nutrition Screening and Diagnosis section covers:

- Assessment versus screening
- Factors affecting cognitive function
- Nutrition care process

The Nutrition Data Gathering section covers:

- Height
- Limitations of measurements

The Nutrition Data Synthesis section covers:

- Assessing protein status
- Assessing oral abnormalities
- Cholesterol lowering drugs
- Malnutrition and respiratory function

The Nutrition Care Plan section covers:

- Specific care plan examples
- National dysphagia diet
- Congestive heart failure (CHF)
- Diabetes mellitus

The Nutrition Counseling and Education section covers:

- NCEP
- Change model stages
- Lowering sodium

The Nutrition Monitoring and Evaluation section covers:

- Evaluation process
- Nutrition intervention outcomes

The Food Services section covers:

- Dining program in nursing homes
- Dementia patients

The Professional Practices section covers:

- Title III and VI ENP
- International classification of diseases
- Older American act

These sections are full of specific and detailed information that will be key to passing the Gerontological Nutrition Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

We've helped thousands of people pass standardized tests and achieve their education and career goals. We've done this by setting high standards for our test preparation guides, and our *Gerontological Nutrition Exam Secrets Study Guide* is no exception. It's an excellent investment in your future.

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