



## Longevity in a Nutshell

Abder-Rahim Biad

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The answer to the dilemma of dealing with terminal diseases could not be found in biology labs, but rather going back to the basic concepts of life - the cell and its atomic structure and gaining an understanding of human life on a biophysical level. Conventional medical systems still operate with techniques from the middle ages, chopping body organs and parts when all they have to do is establish sensation inside ailing areas of the body. These are valid findings that provide an incredible method of healing the human; the facts are based on scientific breakthroughs and are asserted by biophysics researchers. Selecting target spots where disease is apparent, focusing neural energy on ailing cells and energizing them, will change their condition and revitalizes them to health and strength. Our cells harbor many secrets to a long and healthy life; working with our Dna and restoring it to functionality is where the secret lies.



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