



Cultivating Hope With Abuse Survivors

Connie Robillard MA

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The authors are psychotherapists who created this book as a companion/ workbook to the DVD Common Threads: Stories of Life After Trauma. Their reasons for this project is to provide a teaching tool for individuals and professionals. Their goal is to promote increased understanding about the long term effects of child abuse on individuals, families and our society. Cultivating Hope suggests therapeutic techniques to decrease the symptoms associated with PTSD and complex trauma, identify sexually abused children and what we can do as a community to protect them from additional unintentional trauma. This is a must read for teachers, medical professionals, counseling students and individuals and families whose lives have been touched by domestic violence, sexual abuse, family disruption and loss. Perfect for college classes, community education, discussion groups and individual healing. Cultivating Hope With Abuse Survivors will not disappoint. Used with the DVD this is a complete educational packet that will provide weeks of education for mental health and nursing professionals. Recommended by Richard Schwartz, founder of Internal Family System's Therapy.

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Andre Todd:

In this time globalization it is important to someone to find information. The information will make anyone to understand the condition of the world. The healthiness of the world makes the information better to share. You can find a lot of sources to get information example: internet, classifieds, book, and soon. You will observe that now, a lot of publisher in which print many kinds of book. Typically the book that recommended to your account is Cultivating Hope With Abuse Survivors this e-book consist a lot of the information with the condition of this world now. This kind of book was represented so why is the world has grown up. The dialect styles that writer make usage of to explain it is easy to understand. The particular writer made some study when he makes this book. Honestly, that is why this book suited all of you.

Bertha Morrison:

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