



Friendship Food: Delicious Feelgood Food, Free of Gluten, Yeast, Dairy, Egg and Refined Sugar

Felicity Philp

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Friendship Food is a beautiful story about friends, family, wellness and the joy of great food made with love and authenticity. A generous, beautifully crafted book filled with love.

- Tania Hubbard, Author 'Gluten Free Grain Free - Food We Love'

Friendship Food contains over 70 delicious and super easy recipes all your friends and family can enjoy!

These feelgood dishes have enabled Felicity to successfully alleviate symptoms of chronic disease and they have also helped her to fulfill her dreams!

Imagine what this feelgood food can do for you!

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