



Parallel Mind, The Art of Creativity: The missing manual for your right brain

Aliyah Marr

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A motivational and inspirational guide to developing or enhancing your creative genius. Author and artist Aliyah Marr uses practical examples and guides us through conceptual, transpersonal art experiments to demonstrate how we can use the power of art to access our inner child, express our buried emotions, and use any form of art as a catalyst to transform our lives.

Aliyah reveals the secret of the creative genius: a powerful alliance with the personal subconscious give us access to the most powerful creative force of all, the same power that fuels the stars and guides our lives. She shows us how we can use art to bring our subconscious to the surface, how to make a friend of this powerful force, and then how to use it to create the life of our dreams.

Artists have known this forever: that the application of principle and skills learned in any art can be the springboard to creativity in any field, but when we finally release our inner creative genius we become empowered in every part of our lives.

Aliyah Marr draws from her experience as a teacher, visual artist, poet, graphic designer, and author to demonstrate how you can change your body, your profession, your relationship, and your life just by changing your thoughts.

Packed with practical examples and exercises from every medium: visual art, theater, music, video, poetry, scriptwriting and dance, this book shows you how to use art to first express, and then clarify thoughts and emotions to create whatever you want. A powerful reference guide for artists, educators, psychologists, entrepreneurs, scientists, and for those who have an interest in a practical form of self-development.

Aliyah Marr is a bestselling author on Amazon:

The Creative Life in 365 Degrees

#1 in Creativity & Genius

Squawk! Social Media for the Solitary Bird

#4 in E-commerce/Small Business

#24 in Business & Money/Technology)

Journal writing, Motivational & Inspirational, Creativity & Genius, Psychology Creative Ability, Self-Help Inner Child, Self-Help Creativity, New Age Self-Help, Counseling & Psychology Gestalt, Humanistic Transpersonal, Cognitive Neuropsychology

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