



# Recurring Dream Symbols: Maps to Healing Your Past

*Kathleen Sullivan*

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## **Recurring Dream Symbols: Maps to Healing Your Past** Kathleen Sullivan

Do you ever wonder why your dreams often contain recurring symbol or themes? Have you been haunted by recurring dreams of being chased, being naked in public or having your teeth fall out? Based on her work with dreamers analyzing their own recurring dream symbols, Kathleen Sullivan explains that working recurrent dreams as a series is the key to unleashing the healing force of these symbols. Fourteen dreamers participate in the study illustrating the process of uncovering the profound meaning within each recurring symbol. These are transformational stories of dreamers engaging their own recurring symbols leading to a new wholeness and deep level of growth and understanding.

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