



Vegetarian Paris: The Complete Insider's Guide to the Best Veggie Food in Paris

Aurelia D'Andrea

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Paris has long been known as the world's gourmet dining epicenter, but not until now has the French capital been able to claim the coveted "veg-friendly" bragging right.

This comprehensive guide explores more than 150 delectable destinations throughout the city's 20 unique arrondissements and arms readers with the information they need to eat well and have fun on their French sojourns. Locating the best South Indian dosas, savory Vietnamese crêpes, French mushroom pâtés, and buttery vegan croissants is now just a few pages away. Dozens of hot new veg restaurants as well as tried-and-true favorites (from macrobiotic and Indian to Chinese and upscale French), itineraries for hungry sightseers, an organic market guide, a compendium of veg cooking schools, a natural-wine primer, tasty tips for dairy-free chocolate lovers, and even an accommodations directory are included.

Veggie maps of all 20 districts makes it easy for herbivores to find their favorite destinations.

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