



What If...?: Commonsense strategies for kids on worries, upsets and scares

Sally Mumford

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What if ...

- ...Your front tooth is knocked out?
- ...You are staying at a friend's house and by mistake you break something?
- ...You come home from school and you smell gas?
- ...Your hamster has escaped?
- ...You are bullied at school?
- ...There is a strange man lurking by the playground?

Today's world is perceived to be a much more dangerous place than it was twenty or thirty years' ago. Whether it is or not, events can happen in everyday life which can worry, scare or upset a child. *What if...* aims to provide children with basic, practical, commonsense strategies to deal with life - at school, at home, at a friend's house and out & about.

Containing up to 100 different scenarios, *What if...* is designed to appeal to children as they learn to deal with life independently and is an essential reference for all parents and teachers who want to bring up confident, happy children.

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