



# Successful Women Think Differently: 9 Habits to Make You Happier, Healthier, and More Resilient

*Valorie Burton*

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## Successful Women Think Differently: 9 Habits to Make You Happier, Healthier, and More Resilient

Valorie Burton

Popular author and professional certified coach Valorie Burton knows that successful women think differently. They make decisions differently. They set goals differently and bounce back from failure differently. Valorie is dedicated to help women create new thought processes that empower them to succeed in their relationships, finances, work, health, and spiritual life. With new, godly habits, women will discover how to:

- focus on solutions, not problems
- choose courage over fear
- nurture intentional relationships
- take consistent action in the direction of their dreams
- build the muscle of self-control

In this powerful and practical guide, Valorie provides a woman with insight into who she really is and gives her the tools, knowledge, and understanding to succeed.

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